



ERODE SENGUNTHAR ENGINEERING COLLEGE

(An Autonomous Institution)

Approved by AICTE, New Delhi, Permanently Affiliated to Anna University- Chennai,
Accredited by National Board of Accreditation (NBA), New Delhi &
National Assessment and Accreditation Council (NAAC), Bangalore with 'A' Grade

PERUNDURAI -638 057, TAMILNADU, INDIA.



Physical Education Policy





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DEPARTMENT OF PHYSICAL EDUCATION

POLICY DOCUMENT

PHYSICAL EDUCATION

ESEC - gives due importance to the extracurricular activities along with academic subjects for all round development of the students. Sports & Games aim to provide adequate Physical Education facilities that are wholesome and attractive so as to ensure a sound mind in a sound body. While coping with the pressures of studies, one needs to be healthy, both emotionally and physically. ESEC emphasizes the importance of sports as an integral part of the curriculum and envisions producing outstanding sports men. ESEC providing Athletic training, coaching for Games students trained physically mentally strong hi – tech sports and games facilities to the students.

The management encourages the physical education department to trained students well and participates in various universities and open tournaments. Pertaining to the sports quota students our management usually extends fee concession for their studies. Sportsmen uniform dresses at free of cost provided by the management for every year. The management motivates awards to the winners of the University, State, National and district tournaments.

ESEC – with all sorts of facilities extended by our excellent management, students are encouraged to be shined in their respective sports / games in such way that they would become gold, silver and bronze medalist. ESEC sound training, proper guidance, boosting is imparted by the faculty members of physical education department to the sports students to achieve in various sports activities. Under the excellent and administrative guidance of the management the physical



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	education department has brought laurels by produce fitting sportsmen to the nation.
VISION	The students should be trained to be physically and mentally strong / well being. The students should act towards this goal and become physically and mentally empowered.
MISSION	The department focuses on innovative services for engineering students in physical fitness, mental strength, recreation and athletic training in physical science. The department also strives to promote health and wellness by offering the universities core curriculum.
FACULTY	P.MARIMUTHU BA, BPed, MPed, MPhil, NIS, CFC Director Physical Education
	M.PRIYADHARSHINI BSc MCA BPed Asst. Physical Directress
FACILITIES	➤ Total area of playground 9 Acres.
	➤ Standard 400 Mts Track 1 Nos.
	➤ Football Field 1 Nos.
	➤ Hockey Field 1 Nos.
	➤ Handball Court 1 Nos.
	➤ Basketball Court with flood light 1 Nos.
	➤ Kabaddi Court 2 Nos.
	➤ Volleyball Court with flood light 2 Nos.
	➤ Ball Badminton 2 Nos.
	➤ Kho – Kho Court 2 Nos.
	➤ Cricket Net Practice with flood light 3 Nos. (Proposal)
	➤ Table Tennis 2 Nos
➤ Badminton Court 2 Nos	



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FITNESS CENTRE	ESEC – fitness centre is to be international level multipurpose fitness centre. To keep both men and women use in daily separate time.
INTRAMURAL	ESEC – Department of Physical education to conduct Intramural Sports and Games activities for every year even semester. This activities students are divided in four houses namely 1.-----2.-----, 3.-----4.-----, Final year boys best sports students to nominate sports secretary, best girls Sports students to nominate Sports joint secretary. Both house best sports students selected to nominate house captain separately both boys and girls. Third year second year and first year for best sports man selected to nominate house coordinator for both boy and girls. In this activities finally celebrate the” sports day”.
INTER CLASS TOURNAMENT	This tournament is conduct for only newcomers of first year students. To search for the talented sports personal. This tournament will be helping us to prepare the intramural teams for the purpose of conducting the Intramural tournaments. The best players identified to participate extramural tournament in our college team. This tournament conducting our college senior sports players under supervision of Physical Education staff. In this tournament avoid Ragging, good relationship develop to junior and senior.
SPORTSDAY	ESEC – Sports Day celebrate for even semester to invite the chief gust for eminent sports person. That day physical education yearly activity report to read physical director. To honor intramural and extramural prize winner.
EXTRAMURAL TOURNAMENT	College team to participate Anna University zonal and inter zonal tournament. To participate in important open tournament and invitation tournament for in and around the state.



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ORGANIZING	ESEC – Department of Physical Education to organizing Anna University Zonal and Inter zonal tournament. In various open tournaments conduct our campus in college banner.
ACHIEVEMENT	2017 – 2018
	2018 – 2019
	2019 – 2020
	2020 – 2021
	2021 – 2022
SPORTS ALUMNI	STAR This tournament is conduct for only Alumni of ESEC students.. This tournament will be helping us to motivate the current students .This tournament conducting our college senior sports players under supervision of Physical Education staff. In this tournament avoid good relationship develop to junior and Alumni